

Sooke West Coast Wellness  
Mobile Massage & Spa Menu

***Relax \* Refresh \* Renew!***

*Let our practitioners pamper you in the comfort of your room*



**Relaxation Massage / Relaxation Massage for 2**

Enjoy a Swedish massage complete with essential oils & warm towel wraps

**Price per person:**

60 minutes \$195

75 minutes \$235

90 minutes \$265

**Warm Stone Therapy\***

60 minutes \$235

75 minutes \$265

**Indian Head Massage\***

45 minutes \$175

60 minutes \$210

**Thai Massage\***

60 minutes \$195

90 minutes \$265

## Shiatsu Massage\*

Available in August/September 2026 60/75/90 minutes

## Registered Massage Therapy BC (RMT)\*

Available on select weekends, inquire for availability

75 and 90 minute treatments only \$260 / \$290

**Appointments with Asterix are available with select practitioners, please inquire at time of booking**

## Spa Services

*Available as an add on to any of the above treatments. 30 minutes \$110, 15 minute \$45*

### Mini Glow Facial 30 minutes

Refreshing facial ritual with purifying scrub, essential oils and refreshing toner. Includes a facial/scalp massage, and warm towel wrap

### Botanical Foot Treatment 30 minutes

Relaxing sugar scrub & soothing massage for lower leg/feet, essential oils & steam towels

### Back Refresh 30 mins

Purifying treatment with sugar scrub, essential oils and steam towels. Leaves skin soft, smooth and ready to receive massage

### Soothing Scalp OR Foot Massage 15 minutes

Enjoy a relaxing scalp treatment complete with steam towels  
with/without warm essential oil blend **OR**

a relaxing foot massage complete with essential oils and steam towels

*Rates do not include GST or optional gratuity. Contact us ahead of your stay.*

*Practitioners travel to the resort. 3 hour reservation window required per mobile call.*

*Contact 236-562-1520 or email [sookewestcoastwellness@gmail.com](mailto:sookewestcoastwellness@gmail.com) to book.*